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Walking Group - Tinonee

The Valley Skills for Life Walking Group took a trip out to the Tinonee Recreation Ground. The participants played around on the swings and the see-saw for a little bit. Afterwards, they explored the oval, hoping to find some koalas in the trees. It was great seeing them interact, even though we only spotted the odd butterfly.

The walking group encourages a healthy lifestyle, a higher level of independence and a better sense of freedom. Everyone felt so much better appreciating the fresh air and having a great adventure.

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Join us on the 23rd of October for
our 50th Anniversary Dinner.
Invitations will be forwarded in July.
For any enquires or information
call us on 6552 8888 or
Email – admin@valley-industries.com.au

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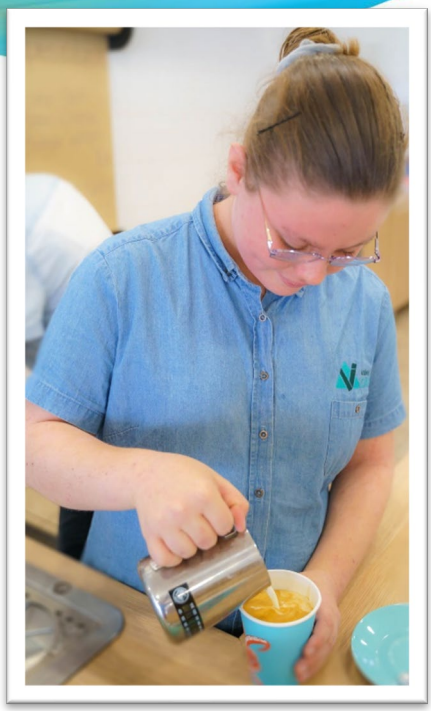
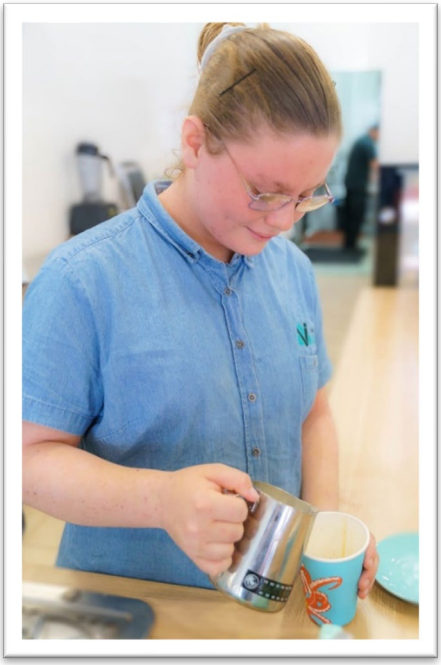


Bridget's Achievement

Valley Industries support many local High School students with a disability in the workplace. Bridget travels from Gloucester High School every week to attend the Valley Café to support her school studies in hospitality.



Recently Bridget completed her Certificate II in Barista Training through her school studies and now has the opportunity to use her skills gained at our Café. Bridget said she "can achieve more" at our inclusive café, which she believed is the best place to be even if it does get busy. Great work, Bridget!

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Afternoon Craft Group

In the afternoon on a Thursday at Valley Skills, a lively Craft group works together to create Art. Art is known to relieve stress and raises self-esteem amongst the participants. Each participant has created their masterpieces to take home and showcase to others.

Arnold, for example – had created various collages, and Sarah had made a Mother's Day bookmark to give on Sunday as a gift. Overall, everyone in the Craft Group greatly enjoys what they create and can share their passion in the process.

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Good Will Shopping

Goodwill360 and Valley Industries paying it forward with thanks to Big W Taree.

Big W has partnered with Goodwill360 and provided Valley Skills For Life the gift card to allow participants, staff and community members benefit from much needed items after losing so much during the floods.

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Good Will Shopping

The resources that were purchased for those that need will be presented in a variety of hampers that participants will select and put together and will be handed out to those effected by the floods.

We are excited to be able to give back and to bring joy to those who are recovering from this local devastation.

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Upcoming Social Events

Date	Event	
Saturday 5th June 9am – 3pm Name and money By 20th of May	**Scottish Festival Wingham** Bring lunch and money	
Saturday 12th June 9am – 3pm Name in by 28th of May	**Harley Trike Ride** Cost: $35 for ride Bring lunch and money Numbers are limited.	
Saturday 19th June 9am – 3pm Name in by 3rd June	**Strawberries and Chocolate** Bring lunch and spending money	
Saturday 26th June 9am – 3pm Name in by 12th June	**Timbertown** Cost: $26 entry Bring lunch and spending money	